



4th Module e-learning

PRESENTERS - LECTURERS HOURS OF COURSES AND TOPICS

DAY 3 ΠΑΡΑΣΚΕΥΗ 09 ΙΟΥΛΙΟΥ - FRIDAY 9TH JULY






EUROPEAN HANDBALL
FEDERATION

TIME	PRESENTER - LECTURER	THESES
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14:00 START OF E-LEARNING PROGRAM – RINCK CONVENTION

14:00 - 14:30	 DIMITRIS GARGALIANOS ASSOCIATE PROFESSOR, DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCES DEMOCRITOS UNIVERSITY OF THRACE	“ORGANIZING A HANDBALL CLUB IN 10 STEPS, (PART 1)”
14:40 - 15:10	 DIMITRIS GARGALIANOS ASSOCIATE PROFESSOR, DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCES DEMOCRITOS UNIVERSITY OF THRACE	“ORGANIZING A HANDBALL CLUB IN 10 STEPS, (PART 2)”
15:20 - 15:50	 CLAUDE KARCHER ASSOCIATE PROFESSOR FACULTY OF SPORTS SCIENCE, STRASBOURG UNIVERSITY	“HIIT TRAINING AT HIGH LEVEL HANDBALL TEAMS”
16:00 - 16:30	 CLAUDE KARCHER ASSOCIATE PROFESSOR FACULTY OF SPORTS SCIENCE, STRASBOURG UNIVERSITY	“STRENGTH TRAINING AT HIGH LEVEL HANDBALL TEAMS”

INTERMISSION 16:30 - 16:45

16:45 - 17:15	 PAUL LANDURÉ IHF CCM MEMBER, LECTEUR IHF/EHF	“MAIN GAME’S TENDENCIES BEFORE OG TOKYO”
17:25 - 17:55	 PAUL LANDURÉ IHF CCM MEMBER, LECTEUR IHF/EHF	“DEFENCE: MORE TACTICAL FLEXIBILITY?”
17:55 - 18:25	 YERIME SYLLA IHFCCM LECTURER	“HOW TO MANAGE A STAFF AS HEAD COACH”
18:30 - 19:00	 YERIME SYLLA IHFCCM LECTURER	“FUNCTIONAL MOVEMENT”